

**Please share your thoughts
about Proposal 371 by:**

_____ Contacting your City-County
Councillor (327-4242).

- A) Doris Minton-McNeil
- B) William Oliver
- C) Vernon Brown
- D) Others...

_____ Writing a letter or calling
Mayor Greg Ballard (321-3601)

_____ Writing a letter to the editor of
your local newspaper about a
Smoke free workplace.

_____ Emailing info@smokefreeindy.com
to learn more information
about “everyone has a right to
breath clean air”, proposal 371,
and find opportunities to
volunteer.

_____ Planning to attend the public
hearing about Proposal 371 on
April 14th at the City-County
Building (200 E. Washington
Street) at 5:30 p.m.

Secondhand smoke (SHS): The Silent Killer

Smoking is dangerous for those who don't smoke. The Environmental Protection Agency reports up to 3,000 lung cancer deaths annually for non smokers. Tobacco smoke contains over 4000 chemicals that penetrate deeper into a non smokers lungs than into a smokers lungs. Secondhand smoke contributes to many diseases plaguing African Americans such as asthma, heart disease, and lung cancer.

ETCN Organizations:

Smoke Free Indy (www.smokefreeindy.com)
Indiana Latino Institute
Indiana Tobacco Prevention & Cessation
Marion County Health Department
Indiana Black Expo
Martin University
Minority Health Coalition of Marion County
Saint Florian Center, Inc.

**For more information contact
Mike Morgan 317-710-1758 or
Mikotech2000@yahoo.com**

Or the Individual Delivering this information

Name _____
Organization _____
Phone _____
Email _____



**Tobacco is still the
#1 Preventable Death
in the United States**

Smoke Free *Indy*
expect it. enjoy it.
www.smokefreeindy.com



ETCN Mission

To work with Marion County's ethnic population through events and membership involvement, to share the tobacco free message through providing specific materials professional assistance, and supporting outreach programs.

ETCN is a standing committee of Smoke Free Indy.

www.WhiteLies.tv

The Church's Leadership Role

*"He sent His word, and healed them, and delivered them from their destructions".
PSALM 107:20 (KJV)*

- Utilize your influence in the congregation and community to make healthy lifestyle choices...
- Adopt tobacco free policies on your church grounds
- Insert information into your weekly bulletin
- Deliver a sermon reviewing the health benefits of people who stop using tobacco and celebrate them
- Utilize LENT as a time of fasting, penitence, and cleansing, as an opportunity to give up using tobacco
- Learn more information about Proposal 371 by going to www.smokefreeindy.com and share your personal thoughts with City-Council members by calling or writing (and encourage your congregation to do the same).

*"When the righteous are in authority, the people rejoice".
PROVERB 29:2a (NLT)*

Why Pastor's & Churches should get involved

"The spirit of the Lord is upon me, because he hath anointed me to preach the gospel to the poor; he hath sent me to heal the broken hearted, to preach deliverance to the captives, and recovering of sight to the blind, to set at liberty them that are bruised." LUKE 4:18 (KJV)

- Historically, pastors of African American churches have been a strong force in the community. Emphasizing the holistic belief that health has three dimensions (the spirit, the body, and the soul) many pastors have found ways to incorporate tobacco education messages into their church policies, sermons, and health ministries.
- Tobacco is modern day slavery on many levels. It leads to **spiritual slavery** by separating one from having full fellowship from God; **physical slavery** because it adversely affects every aspect of one's health; **mental slavery**, when a person fails to recognize their addiction; & **economic slavery**, diverting money away from family resources.

Interesting Facts About City Council Proposal 371

Proposal 371 is a proposed smoke free workplace ordinance that expands the current Marion County's smoke free air laws to bars, bowling alleys, clubs and other workplaces.

Secondhand smoke is deadly, not just a mere annoyance. Secondhand smoke causes heart disease, lung cancer, respiratory illness and other diseases.

While many Indianapolis workers are protected by city law from workplace exposure to secondhand smoke, others (including many hospitality employees) continue to be exposed to second hand smoke (on the job).

"Beloved, I wish above all things that thou mayest prosper and be in good health, even as thy soul prospereth" 3 JOHN 1:2 (KJV)